IREKS

Chia

Base for the production of various baked goods with Chia (Salvia hispanica) seeds

144705USA IREKS CHIA (25 lbs paper bag)

IREKS

CHIApan

Bread flour	50 lbs	50 %
IREKS CHIA	50 lbs	50 %
Salt	2 lbs	2 %
Compressed yeast	2 lbs	2 %
Water, variable	70 lbs	70 %
Total weight	174 lbs	

Mixing time:	4 minutes low + 8 to 10 minutes high (spiral mixer)
Dough temperature:	80° F
Floor time:	none
Scaling weight:	10 lbs
Intermediate proof:	60 minutes

Instructions for use:	Allow the dough to relax in oiled dough basins and turn out onto a table dusted with rye flour after the intermediate proof. Spread the dough out to 24 inches x 18 inches, dampen and sprinkle with soaked pumpkin seeds. Divide the dough sheet into pieces of 12.5 oz (6 inches x 5.5 inches, variable) and place on pans/ setters. After the final proof, dust lightly with rye flour and bake giving steam.
Topping:	pumpkin seeds (soaked), rye flour
Final proof:	75 minutes, variable
Baking temperature:	445° F, dropping to 410° F, giving steam
Baking time:	35 minutes, variable

CHIArolls

Bread flour	70 lbs	70 %
IREKS CHIA	30 lbs	30 %
IREKS FLEX CL K	2 lbs	2 %
Sunflower seeds, roasted	5 lbs	5 %
Salt	2 lbs	2 %
Compressed yeast	3 lbs	3 %
Water, variable	64 lbs	64 %
Total weight	176 lbs	

Mixing time:	3 minutes low + 6 minutes high (spiral mixer)
Dough temperature:	80° F
Floor time:	none
Scaling weight:	5 lbs/36 pieces
Intermediate proof:	10 minutes
Processing:	rectangular
Topping:	sunflower seeds, bread flour
Final proof:	50 minutes, variable
Baking temperature:	445° F, dropping to 410° F, giving steam
Baking time:	18 minutes, variable

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Chia

product ADVANTAGES

- high volume of baked goods
- high-quality ingredients
- high fermentation stability
- interesting crumb appearance
- good machinability
- versatile application possibilities

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IREKS

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